

Part 2: Example of Discipleship Curriculum

WHEN/ WHERE/ SPECIFICS:

The following curriculum will take place during the academic school year at (Your Church's Name). Discipleship groups will take place each Sunday night beginning at 6:30 P.M. and ending around 8 P.M. Students will meet for their discipleship groups at the church and following a short musical worship session together in the youth room, students will break up by grades and gender to meet with their groups. Groups will be led by volunteer college students who also meet together for a weekly Bible study and preparation time. The number of leaders required will be dependant upon how many students sign up to participate in the discipleship groups. Groups are intended to be no larger than six students with two college leaders per group. At (Your Church), our discipleship program is called H2O, which is derived from John 4:13-14 which states, "*Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks this water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."*" It is our passion to see students develop a walk with the Lord that is transformative and contagious. We hope that this happens as our students meet together for a time of discipleship.

DISCIPLESHIP CURRICULUM



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- John 4:13-14

DISCIPLESHIP CALENDAR:

For H2O Discipleship groups, we will meet for 8 months (September-April), at the church and do the curriculum that has been planned and scheduled. During the summer months (June-August), we will have Summer H2O where we come together as a youth group and have cookouts at volunteer homes. Typically, there will be no H2O meetings in May and the first week of April because of finals for both our students and volunteer college students. The following curriculum is that done during the H2O discipleship groups that take place during the academic school year.

TYPICAL MONTHLY ROTATION:

The H2O curriculum is divided up into four week blocks, for the typical four Sunday month. The rotation is as follows:

Sunday #1 – Community development through small group activity

Sunday #2 – Lesson followed by Spiritual Discipline or practice.

Sunday #3 – Service Project

Sunday #4 – Lesson followed by Spiritual Discipline or practice.

EXAMPLE MONTH:

Sunday #1 – Game Night – Leaders bring board games for their group to play.

Sunday #2 – Minor Prophet Study followed by Scriptural Meditation.

Sunday #3 – Community Clean-Up – Pick up trash around the neighborhood with groups.

Sunday #4 – Minor Prophet Study followed by the Jesus Prayer.

MATERIAL FOR ONE MONTH:

The following material is an example of the lessons that will be on the second and fourth Sundays. This study is over the book of Hebrews. The following material is what would be given to the leaders that they may lead their individual groups. Within the material is information about the biblical texts as well as instructions on how to guide the session. At the end of the material is the Spiritual discipline or practice for the week.

HEBREWS CHAPTER ONE

FIRST THINGS FIRST:

Hopefully you asked your group to set goals for the semester! Remind your group of the goals that they discussed and ask for new ideas. Open your groups by having different students pray over the different goals. Then spend some time in prayer asking that God would bring the book of Hebrews to life for them.

HEBREWS ONE: THE SUPERIORITY OF JESUS

Read this introduction to your students, it is the introduction from the ESV Bible and gives a good summary and direction of the text:

The Letter to the Hebrews was written to encourage Christians in a time of trial. It does so by focusing on the absolute supremacy and sufficiency of Christ. While God spoke in the past “many times and in many ways,” he has now spoken to us “by his Son,” Jesus Christ, who is the “exact imprint” of God’s nature and who “upholds the universe by the word of his power” (1:1-3). Jesus accomplished complete salvation for all who trust in him (1:1-10:18). We dare not “neglect such a great salvation,” rather, in our faith and in our everyday living, we should imitate the example of Christ and of those on the honor role of faith (Chs. 11-13).

Begin by having your students **read Hebrews 1:1-14**.

The author of Hebrews begins this letter by setting up who Jesus is compared to other traditional authority figures in the Jewish faith. In chapter one, these figures are the forefathers and angels. **Ask them** who these forefathers were? A: Abraham, Isaac, Jacob, Joseph, Moses, Noah...etc.

Reread and camp for a bit on verse 3. Have them discuss what it means that Jesus is: the Son, the radiance of God’s glory, and the exact representation of his being. **Have them** verbally rewrite this verse using their own words.

The author goes on to point out the ways that Jesus is above angels using quotes from the Old Testament, or as they would call it, the Hebrew Bible. **Have** your students do a close reading of this text by pointing out what terms are attributed to Jesus within the text. Examples should be Son, firstborn, worshiped by angels, eternal, on the throne, righteous, hates wickedness, set above, anointed with the oil of joy, laid the foundations, transcendent, remains the same, at the right hand of the Father...all in 9 verses!

APPLICATION FOR TODAY:

We, just as the Christian Jews this text is written to, often forget the complete picture of whom Jesus is. Today we narrow our picture of him down to our Savior on the cross. While this is important, we miss out on the fact that Jesus is also 100% God and the one who has been prophesied about throughout history. **Ask the student** to identify other characteristics of Jesus that we tend to forget. Examples: comforter, judge, lion, lamb, healer, friend...etc.

IN CLOSING: Ask them for prayer requests and then have the students pray over one another. You may have to assign them requests, but this will bring them closer as a group. In addition, end by praying over the group that they would begin to see the full picture of who Jesus is and that because of this, they would live their lives differently.

REMEMBER: Make it your OWN! Good Luck!

DISCIPLESHIP ROADMAP:

The following material contains ideas for direction for the rest of the academic school year. This is simply a tentative list from which to draw ideas. For each month, different lessons, spiritual disciplines, service projects, and community development activities will be paired to address the current needs of the ministry.

<u>Lessons:</u>	<u>Spiritual Disciplines:</u>	<u>Service Projects:</u>	<u>Community Development:</u>
16 Needed:	16 Needed:	8 Needed:	8 Needed:
Define Community	Communion	Food Pantry	Open Gym Night
The Parables	Journaling	Meals on Wheels	Go to Dinner
How to Study the Bible	Solitude	Adopt a Family	Go get Coffee
New Testament Studies	Contemplative Prayer	Homeless Shelter Meal	Go to a Movie
Reason for Service	Simplicity	Pass out Clothes	Play a Sport
Define Evangelism	Worship	Habitat for Humanity	Group Birthday
Suffering for Christ	Silence	Visit Nursing Home	Arts and Crafts
Old Testament Studies	Hospitality	Visit Children's Hospital	Celebrate Any Holiday
Identity Issues	Submission	Organize Blood Drive	Plan a Themed Party
Define Discipleship	Centering Prayer	Volunteer at Animal Shelter	Mini-Golf
Relationships	Fasting		
Your Testimony	Intercessory Prayer		
How to Pray	Celebration		
What is Justice?	Practicing the Presence		
Explaining Evil	Rest		
Sex or Chastity	Retreat		
How to Worship	Liturgical Prayer		
The Power of Words	Teachability		
Dealing with Parents	Praying Scripture		
Being Responsible	Discernment		
The Church	Prayer Walking		
The Beatitudes			